



The Personal Trainers at The Sports Club of Novi



Suzanne Schulz - Tier 1
ACE Certified Personal Trainer and Health Coach, Active Aging Specialist, Rock Steady Coach, Suspension



Ann Werther - Tier 1
ACE Certified Personal Trainer and Senior Fitness Specialist, Rock Steady Coach, RYT200 Yoga, Yoga Wall, Suspension



Betsy Wasiniak - Tier 2
M.S. Exercise Physiology, Certified Personal Trainer and Wellness Coach, Cancer Exercise Specialist, Suspension



Brian Tass - Tier 1
B.S. Kinesiology and Exercise Science, NASM Certified Personal Trainer (Performance Enhancement Specialization)



Cat Cloutier - Tier 2
ACE Certified Personal Trainer and Functional Training Specialist, Suspension, KickBoxing Coach (TKD Black Belt)



Kevin Callender - Tier 2
ACE Certified Personal Trainer, Suspension



Mollie MacEachern - Tier 2
ACE Certified Personal Trainer and Nutrition Specialist, Suspension



Bo Wright - Tier 2
Certified Professional Boxing Trainer, Suspension



Clare DeLamielleure - Tier 3
B.S. Health Science and Nutrition, ACE Certified Personal Trainer and Functional Training Specialist



Linda Uehlien - Tier 3
ACE Certified Personal Trainer, Tabata Bootcamp, Suspension



Nolan Clenney - Tier 2
NASM Certified Personal Trainer (Strength Training Specialization)

Email the trainer of your choice at tscnovi.com or call 248.735.8850, ext.126 and speak with our Fitness Coordinator, Cat Cloutier.

Personal Training Benefits at The Sports Club of Novi

- **Get the support** you need to stay committed to your health!
- **Stay motivated.** Nothing motivates like making real progress. Our Trainers will help you reach your fitness goals!
- **Stay engaged** with the widest range of training disciplines in the area.
- Learn how to **effectively and safely** use fitness and performance equipment.
- The Sports Club of Novi trainers are professionals who maintain **certifications from nationally accredited institutions.**



Rates

Tier 1	½ Hour	Hour
	Fitness Member \$44	Program Member \$74
Tier 2	½ Hour	Hour
	Fitness Member \$42	Program Member \$70
Tier 3	½ Hour	Hour
	Fitness Member \$41	Program Member \$67
	½ Hour	Hour
	Program Member \$48	Program Member \$79
	Program Member \$46	Program Member \$75
	Program Member \$45	Program Member \$72